

## Editorial

Remember Dale Carnegie's best seller, 'How to Make Friends and Influence People'? Well he also wrote, 'Today is the tomorrow, you worried about yesterday.' Mindfulness is currently, a popular method of temporarily ridding oneself of extraneous stimuli, emptying and calming the mind, and concentrating on the *Now*. Of course metaphysically, *Now*, can never exist; even as you read this sentence, the beginning is already in the past, and the end is still in the future.

The following pages are full of Yesterdays; accounts, reminiscences, recollections, memories and history; but also hope for our Tomorrows. Bishop John Pritchard helps us to look forward when we may be struggling or have lost our way, John Wesley reminds us that 'faith is a journey not an end', and Bishop Steven invites us to 'come and see'; Oh, and my (mother's) honesty was rewarded!

Our Team Vicar Neil, has left for pastures new, our curate Alastair, is planning his departure, and we are looking forward to welcoming Ross, as he prepares to join us as Curate, on the next phase of his ministry. Pray for them all.

The 40 days of Lent - Ash Wednesday to Easter Saturday, minus the six Sundays - commemorate Jesus' temptations in the wilderness, prior to his ministry. For us, it is a time of reflection and preparation, looking back at our lives; but also looking forward to our Lord's glorious Resurrection. It is a time of spiritual discipline, reading, prayer, self-denial, charitable giving and actions. What will you be doing?

Howard Brayton, co-editor